



Together, we can save a life

Fact Sheet

Health and Safety Services

Health and Safety Programs

COURSE: Scrubby Bear—Personal Hygiene

Course Code: 31700

Purpose The purpose of Scrubby Bear—Personal Hygiene is to teach children ages 4 to 7 years old how germs are spread, how to prevent the spread of disease and to properly wash their hands.

Prerequisites None

Learning Objectives

- Define what germs are and explain how to prevent the spread of germs;
- Demonstrate the three steps for proper hand washing;
- Summarize how the body fights disease and the importance of protecting our skin;
- Know when to wash their hands; and
- Tell how to care for a minor cut or scrape.

Length Approximately 20 minutes

Instructor Any responsible and mature individual.

Certification Requirements None

Certificate Issued and Validity Period Scrubby Bear Certificate – Not applicable.

Participant Materials Handouts from the Scrubby Bear—Personal Hygiene Presentation Outline
